



Fall 2019 Family Information Night

- Presented by the WHS School Counselors - *Monday, October 21, 2019*

Time	Activity				Notes
6:30pm - 6:55pm Workshop #1 <i>Choose any 1 session</i>	High School 101 Theater - Academic Planning - CTE Pathways - Adv., Honors, AP - Graduation Req	Mental Health Library Lab -Teens and Mental Health -Stress/Anxiety -Warning Signs -Resources	Sierra College Enrichment Library - Dual Enrollment - Free College Credits for HS Students	Financial Aid Cafeteria - FAFSA - Loans - Cal Grant	The Fall Parent Night offers 4 workshop sessions that will rotate every 25-minutes. You can attend 3 out of the 4. Select your top 3 - <i>whichever sounds interesting</i>
7:00pm - 7:25pm Workshop #2 <i>Choose any 1 session</i>	High School 101 Theater - Academic Planning - CTE Pathways - Adv., Honors, AP - Graduation Req	Mental Health Library Lab -Teens and Mental Health -Stress/Anxiety -Warning Signs -Resources	Sierra College Enrichment Library - Dual Enrollment - Free College Credits for HS Students	Financial Aid Cafeteria - FAFSA - Loans - Cal Grant	KEY: BOLD = Activity <u>Underline = Room/Location</u>
7:30pm - 7:55pm Workshop #3 <i>Choose any 1 session</i>	High School 101 Theater - Academic Planning - CTE Pathways - Adv., Honors, AP - Graduation Req	Mental Health Library Lab -Teens and Mental Health -Stress/Anxiety -Warning Signs -Resources	Sierra College Enrichment Library - Dual Enrollment - Free College Credits for HS Students	Financial Aid Cafeteria - FAFSA - Loans - Cal Grant	High School 101 = Whitney HS Counselors Mental Health = Whitney HS Counselors Sierra College Enrichment = Alistair Turner, Sierra College Financial Aid = Brian Tolentino, Sierra College